

KAROO & CO

BREAKFAST

served all day

bacon & egg sandwich 17
on rustic bread, fried egg, bacon, rocket, cheese, hash-brown & house-made sauce & ailoi

sweet potato corn fritter 21
fritter, bacon, goats cheese, poached egg, rocket with pesto, dukkah & pepitas | \$5 for an extra corn fritter

karoo breakfast plate 28
eggs your way, mushrooms, grilled truss tomatoes, hash-brown, bacon, boerewors sausage, spinach, hummus, chutney & bread

omelette 25
semi-dried tomatoes, onion, artichokes, mushrooms, cherry tomatoes & lamb topped with fetta, mixed herbs & pepita's

green bowl 23
seasonal greens, hummous, avocado, quinoa, sauerkraut, poached egg & dukkah

eggs on toast 14
eggs your way with bread



LUNCH

served from 11:30am

chilli prawn pasta 26
prawns, tomato, chilli, onion, sun-dried tomato & fresh lemon

fish taco's 25
with avocado, corn tomato salsa & slaw, topped with jalapeño mayo & mixed herbs

slow cooked beef ribs 42
served with mash potato, seasonal vegetables & jus

pumpkin salad 22
with balsamic onion, quinoa, goats cheese, pomegranate, alfalfa, topped with pepitas, nuts & pomegranate dressing

rustic chips 14
with truffle oil, parmesan with parsley

EXTRAS

hash brown 4	bacon 5
egg (fried, scrambled, poached) 6	sausage 6
gluten free bread 1.5	salmon 6
gluten free pizza base 5	lamb 6

Modifications or substitutions are respectfully declined. If you have any allergies, please let us know

www.karooandco.com
9144 6466
205 Mona Vale Road, St Ives

10% surcharge on Sunday 's apply
We are fully licenced, please do not BYO alcohol
We are not a BYO cakes venue

avocado on toast 20
avocado, roasted truss tomatoes, rocket, alfalfa, goats cheese, home-made pesto & pepita's

karoo eggs benedict 23
two poached eggs served with avocado, hollandaise sauce topped with rocket, capers & bread
| choose bacon or salmon

shakshuka 25
two poached eggs in tomato sauce with peppers, onion & garlic topped with fetta, dukkah, mixed herbs & pepita's served with bread | choose boerewors sausage or eggplant



WOOD-FIRED PIZZAS

served from 11:30am

margherita 27
tomato base, buffalo mozzarella parmesan, basil & olive oil

proscuttio 28
tomato base, fior di latte, rocket, parmesan, basil & olive oil

hawaiian 28
tomato base, fior di latte, free-range ham & pineapple

capricciosa 28
fior di latte, free range ham, artichoke, olives, mushroom & basil



BAKED GOODS

banana bread 9
toasted & served with butter

plain croissant 8.5
toasted served with butter & jam

almond croissant 8.5
served toasted

danish 7.5
served toasted

home-made muffins 7.5
see our baked goods display to see whats available!

home-made sandwiches 16
see our baked goods display to see whats available!